

DECLARATION OF FITNESS FOR ROCK WALL CLIMBING

I hereby declare that I am physically fit. I do not, and have not, suffered from any of the following conditions, which I understand may lead to a dangerous situations with regard to other persons or myself during Rock Wall Climbing:

Epilepsy fits, severe head injury, recurrent blackouts or giddiness, disease of the brain or nervous system, high blood pressure, lung or heart disease, recurrent weakness or dislocation of any limb, diabetes, mental illness, drug or alcohol addiction, recent back injury, arthritis and severe joint sprains, chronic bronchitis, asthma, rheumatic fever, thyroid adrenal or other glandular disorder, recent blood donation or any condition that requires the regular use of drugs.

I hereby declare that I have no physical or mental condition that should preclude me from participating in my chosen activity and that I am not participating against medical advice or treatment.

I further declare that in the event that I feel ill or unwell, have any physical complaints whatsoever or if an injury is sustained of any kind during the course of Rock Wall Climbing activities, I will notify the instructor immediately.

I have read the above Declarations, understand them, and agree to be bound by them.

_____ Signature of Adult Participant	_____ Name of Adult Participant (Please print)	_____ Date
_____ Address of Adult Participant		_____ Phone #
_____ Signature of Parent or Guardian if Participant is a Minor, and by their signature, they on my behalf release all claims that both they and I have.	_____ Name of Parent or Guardian (Please print)	_____ Date
_____ Address of Parent or Guardian		_____ Phone #
_____ Email		
_____ Name of Minor (Please print)		_____ Date

If you cannot sign the above declaration because of any of the above conditions, you must notify the instructor or Rock Wall attendant before commencing any activity.

PLEASE BE SURE TO SIGN. THANK YOU.

May we add you to the SouthCrest Wellness & Sports Medicine Email Newsletter / SouthCrest Hospital Information Updates list: (we DO NOT give out your email information to anyone)? Yes No

How did you hear about the SouthCrest Wellness & Sports Medicine Center Rock Wall?

